



Hervey Bay State High School

# “Smart Moves” Physical Education Practical Procedure Policy



Supporting the health and wellbeing of Queensland's children and young people is an important priority for the Queensland Government. Physical activity is essential for good health and wellbeing. Engaging in physical activity at school enhances students' educational outcomes, supports their personal development and promotes lifelong active lifestyles. As a result, the HPE department has devised a policy to support the above initiative and deter physical inactivity which is becoming a current trend.

1. All students will be involved in **all** activities to the **best of their ability**.
2. It is the school expectation that every student has a **hat in their bag when at school**. All students receive a hat on enrolment. These must be worn when in the sun. Should a student not bring a hat, they will be instructed to do written work in the shade. For students who consistently do not bring a hat, a detention will be assigned after a warning. Sunscreen is also available at the Physical Education staffroom and Sports Centre.
3. Irrespective of the circumstance there is an expectation that if the student is in the class then some worthwhile work will be done.
4. For any short term illness/injury it is expected that students have a signed and dated note explaining their limitations. Where possible they will be incorporated into the class taking these limitations into consideration (eg spotting, scoring, timing, setting up drills).
5. For students who consistently do not bring notes, detentions are applied after a warning.
6. Allowance is made for sickness or injury that occurs during the course of the day. Where students are genuinely sick or in discomfort they will be sent to sick bay with a note.
7. If, because of circumstance, a student is unable to be actively involved in the class (e.g. no hat, non-participation, safety breach etc.), then the minimum expectation of work is that 2\*A4 pages of written work (appropriate to the course of study) is to be done during the lesson. Relevant written work will be supplied to the student by the classroom teacher. Further action, as per our Responsible Behaviour Plan, will be taken for continuing breaches.
8. For any long term injuries or disabilities, the preferred options are:
  - a) an adapted program related to the class unit;
  - b) a remedial program related to the disability.

Both of these options will be initiated after consultation with parents, and relevant medical personnel if necessary.

The following policy works in conjunction with the school's Student Code of Conduct.



STEP 1 - ALL STUDENTS WILL BE TAKEN THROUGH THE PRACTICAL POLICY.

**LEVEL 4 (AS PER RESPONSIBLE BEHAVIOUR PLAN) - FIRST OFFENCE - WARNING**

(students will be given 2 x A4 pages of written work to complete during the lesson and a lunchtime detention for 20 mins)

**STEP 2 - SECOND OFFENCE**

(as per level 1 and the teacher will ring home informing parents that if the offence occurs again the student will be placed on a self – monitoring sheet)

**STEP 3 - THIRD OFFENCE**

(as per level 1 and the student will be placed on a self-monitoring sheet – teacher to contact home, One School Anecdotal)

**LEVEL 5 - (AS PER RESPONSIBLE BEHAVIOUR PLAN) - FOURTH OFFENCE**

(Behaviour Card – HOD to contact home, One School Anecdotal)

If you have any queries or questions regarding this policy please do not hesitate to contact the Head of Department (HPE & Sport).

