

Courage to Dream – Opportunity to Succeed

**Hervey Bay**  
State High School

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5 April 2019

## From the Principal

I would like to thank all students and families for a great start to 2019 and for a fabulous term. It was extremely busy with lots happening academically and in the extra-curricular realm we provide at this school. The highlight was congratulating the large number of students at the end of term who were rewarded for their behaviour and citizenship. I would like to commend these students for upholding the excellent values we share as a school.

End of term also means that academic reports will be able to be accessed electronically and emailed home after the Easter break. Please take advantage of contacting Teachers if you need further clarification on how your student has achieved over the past 10 weeks. This can also be undertaken at our next Parent and Teacher evening. Constant and continual communication between learning partners – student, teacher and families – is a vital ingredient to the academic process and success of students.

Finally, students have earned a good break from their studies for the next 2 weeks. Following the Easter break we return to ANZAC ceremonies both in the school and marching with the community. I hope students take this opportunity to support their community and march with the school. It is always a moving ceremony and if you have not had the opportunity to be a part of this special day, I urge you to be involved. I hope all families have a relaxing and safe break and I look forward to continuing to work with you in Term 2.

**Ms Julie Learoyd**  
Principal

## From the Deputy Principal - Teaching and Resourcing

### Last Week Incentive Activities

It has been fantastic to see so many of our students being recognised and rewarded for all of their hard work, great behaviour and exemplary attendance over the last week. Both of our Incentive Days were very well attended and all students and staff involved had a great time – an awesome way to end a really busy term. For our Year 7 and 8 students, Wednesday morning's pool party and popcorn sessions were a hit as are the café vouchers awarded to all of our Year 9-12 students with over 90% attendance and zero behaviour records for the term – well done. I would love to be able to give all students these opportunities each and every term.

### ANZAC Day March

The Hervey Bay RSL Sub-Branch has extended an outstanding opportunity for our school at this year's ANZAC Day march. We have been invited to march behind our returned service personnel and before the remainder of the community groups. This will be a great opportunity to highlight our School Band and all of our students who march on the day. I have set an ambitious target of 300 students to march with the school on the day – please support us in our quest to reach this target and highlight to the community what a great school we are. All students will be recognised for their efforts on the day with Vivo points and leadership rewards.

Wishing all families a safe and enjoyable break.

**Deputy Principal**  
**Mr Rob Burke**

## From the Deputy Principal - Learning

### NAPLAN Online Update

Hervey Bay State High School has been provided with an excellent opportunity to participate in NAPLAN Online this year. This is following our successful NAPLAN Online Readiness Trial last year, where we found that students engaged very well with the online format of the test. So that our students are familiar with the online testing environment, and there is less pressure and stress surrounding the tests in May, our year 7 and 9 cohorts have sat for a practice test this week.

The practice test was a shortened version of the real NAPLAN tests, with one test spanning 45 minutes (with a combination of questions on numeracy, spelling, reading and conventions of language). Our year 9 students were familiar with the process, as they were the students who participated in the readiness trial in Term 4 last year.

Notification about the national tests to be held in May next term will be sent home in the week following the Easter break. Information about the two week testing window, the scheduling of tests, and the parent withdrawal process will be sent home at that time.

Should you wish to know more about NAPLAN Online, please visit the link below. The website has an informative video clip, plus a public demonstration site where families can have a brief trial in the testing environment at home.

<http://www.nap.edu.au/online-assessment>

I would like to wish all our families an enjoyable break for the next two weeks, and look forward to a productive Term 2 working with you to get the best learning outcomes for our students.

**Ms Sharyn Thomas**  
**Deputy Principal**

## From the Acting Deputy Principal

### Year 7 Subject Awards

Week 9 saw more Year 7 students receive subject awards for HPE and Technology. These students receive 10 VIVO points and a ZOOOPER DOOPER voucher to use at the canteen. These students can receive this award through their hard work and dedication in the class, behaviour or academic. Congratulations to the following students who received an awards;

HPE	Technology
Kaylan Drury	Darcy Betts
Caleb Spencer	Emma Alanne
Ruby Bish	Dominic Walker
Patient Rainbow	Dilana Akers
Dane Gilmore	
Calib Cross	



Congratulations to all of these students.

In Week 2 of Term 2, the subject awards for Music and Drama along with Chinese will be given.

### Important Dates to remember – Student Leadership

25 April – Anzac Day March

26, 27, 28 April – Leadership Camp - Brisbane

### PBL – Positive Behaviour in Learning

The focus for Week 10 - "Think before you post online."

Students on parades have been given ZOOOPER DOOPER vouchers each week to the first student who raises their hand and indicates what the week before PBL focus was. A great learning tool for the students as this assists with them wanting to remember what they are to be addressing.

I would like to wish all students and families a very happy and safe holiday. See you all in Term 2.

**Mrs Carrie Taylor**  
**Acting Deputy Principal**

# World's Greatest Shave 2019

On March 13th Hervey Bay State High School had 10 very brave students either cut or shave their heads for this year's Shave for a Cure. Raising over \$2500 as a team these brave students are truly inspirational. These students were:

<p><b>Year 7</b></p> <p>Ebony Horne Nakita Walton Dylan Boswall-Walker Noah Ebert</p>	<p><b>Year 8</b></p> <p>Natalie Moffet Lachlan Crack Ethan Wright</p>
<p><b>Year 9</b></p> <p>Mitchell Hoare</p>	<p><b>Year 11</b></p> <p>Kirsten Thomson</p>
<p><b>Year 12</b></p> <p>Jenna Selway</p>	

Many students came along to support these brave students and coloured their hair before school. Thank you to our student leaders for running this event. Hervey Bay State High School you should be very proud of your achievements with this event.



**Miss Stacey Josh**  
**Head of Department – Junior School**

# Zumba Disco

In Week 7 we held our first Zumba Disco of the year! With over 100 level 1-4 students attending. It was a great night for students to try out all those Zumba skills they have been putting into practice every week at lunchtime activities.

Our student leaders ran the event and a big thank you to Ms Theuerl, Kobe and his team of Zumba leaders that ran songs and kept up the enthusiasm all night. In between songs we had a best dressed competition, games and a lucky door prize.

Thank you to Officer Tom and all of the staff that helped supervise the event. Without you this couldn't happen. Thanks to everyone for their wonderful behaviour and participation. We look forward to another one when it gets a bit cooler!



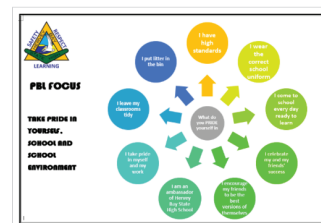
**Miss Stacey Josh**  
**Head of Department – Junior School**

# Positive Behaviour for Learning - Term 1 Review

It has been a busy term with respect to Positive Behaviour for Learning (PBL). PBL relies upon setting and communicating clear expectations, explicitly teaching these expectations and setting up processes to reward and rectify student behaviours. PBL rewards students who make positive choices and ultimately improves learning and student wellbeing. The following expectations were focused on this term:

1. Be proud
2. Model school expectations
3. Treat people with dignity, respect and consideration
4. Follow teacher directions
5. Think before you post online

In addition to these expectations, achieving 90% attendance was a goal for all students. In total, 560 students were rewarded for consistently demonstrating these school expectations by getting no behaviour referrals and achieving our attendance goal. Year 7 and 8 students were rewarded with a pool party and enjoyed a slushie and popcorn. Years 9 to 12 students received a free drink voucher from our school café, "Thanks a latte". Congratulations to those students who consistently make great choices!!



**Ms Natasha Steinhardt**  
**Head of Department – Student Support**

# Positive Behaviour for Learning - Term 1 Review

Over sixty students across all grades participated in the support programs offered this term. Our programs support 'the whole' student and produce well-rounded individuals who can participate effectively in the wider community as citizens of tomorrow. Students have work with Support Personnel as well as external organisations to develop their leadership, communication, teamwork, understanding of healthy



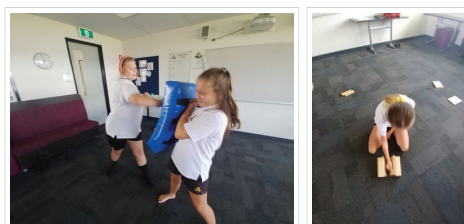
relationships, managing anger and self-control as well as developing their self-esteem, mindfulness and self-worth. A big thank you goes out to the following organisations and people who have worked hard this term supporting the students at Hervey Bay State High School.

- PCYC - Sergeant Kelly and Mark
- Youth Justice – Joey, Troy and Simone
- Emily Wilson Cosmetics - Em
- Little Rippers Gym – Courtney
- WYLD Program – Brad, Mick and Gerrard

Detailed below are the programs that will be offered in term two. Please contact Natasha Steinhardt – Head of Student Support, if you would like more information about any of the programs or referring your child to one.

Program	Program Details
<b>Boys Club</b>	Boys Club is an activity based program that explores <b>real issues facing</b> teenage boys today and what it means to be a “man” in today’s society and can be seen as a “Rites of passage” program. Issues such as respect, relationships, communication, role models, problem solving and resilience will be discussed while boys participate in activities such as hiking, fishing, team sports and volunteering. A number of community based males as well as senior student mentors will co-facilitate Boys Club with a male staff member.
<b>D.R.U.M.B.E.A.T.</b> <i>Discovering Relationships Using Music, Beliefs, Emotions, Attitudes, and Thoughts</i>	Through rhythm, sound and teamwork, DRUMBEAT facilitates the development of social and emotional skills for healthy relationships and values. This process of re-connection with self and interconnection with others enables profound social and behavioural change.
<b>F.I.V.E.</b> <i>Focus on Instilling Values and Engagement</i>	The Focusing on Instilling Values and Engagement (FIVE) Program has been devised as a school-based program for students at Hervey Bay State High School who need to re-engage with school and/or with classroom environments. The program focuses on providing positive role models, building resilience, instilling values, teaching the value of education and building self-esteem.
<b>Girls United</b>	Girls United is a ‘rites of passage’ program for teenage girls. The program explores real issues that young women face in today’s society and aims to equip girls with the skills and strategies to overcome adversity and make positive life choices.
<b>L.I.F.T</b> <i>Life interactions, Friendship and Transitions</i>	Through discussion and activity, the Life interactions, Friendship & Transitions (L.I.F.T.) program develops social awareness and an understanding of social cues.

Program	Program Details
<b>R.A.G.E.</b> <i>Re-navigating anger and guilty emotions</i>	RAGE (Re-navigating Anger and Guilty Emotions) is an award winning eight week anger management course designed for junior students. RAGE is a strength based solution focused program that is hands on, practical and also fun for young people. The session themes are: <ul style="list-style-type: none"> <li>• The Many Faces of Anger</li> <li>• The 4T’s Anger Cycle</li> <li>• Healthy Expressions of Anger</li> <li>• Getting Through the Guilt of Anger</li> <li>• Relaxation, Exercise and Diet</li> </ul>
<b>Rock &amp; Water</b>	Rock and Water is a support program that teaches students to be focussed, grounded and centred so that body awareness is developed in order to make conscience choices. These choices can be a rock reaction, which comes from a place of strength and determination or a water reaction, which comes from a place of calm and compromise. Through this process students will develop self-regulation, self-control, self-awareness and assertiveness.
<b>Vital</b>	Vital is an internal program that is facilitated by the school chaplain. Vital is run with a group of same sex, same age students. The main aim of VITAL is to develop students respect for themselves and others and to assist students in discovering the value and importance of appropriate behaviours and attitudes through the action reflection model of Experiential/ Adventure Based Learning. All of these experiences will encourage students to consider and discover higher levels of meaning and purpose in their lives.
<b>W.Y.L.D. project</b> <i>Where Youth Live Dreams</i>	WYLD is an indigenous boys program that aims to enhance cultural identity and community through partnerships with local organisations around the region. Under the guidance of male mentors, students will be participating in a number of experiences where they will develop leadership skills to support their transition from boyhood to manhood.



*Student Support*

**Ms Natasha Steinhardt**  
**Head of Department – Student Support**

## Hervey Bay District Swimming 2019

Bianca Fairfull has once again competed for the school at competition level. This time it was the Hervey Bay District Swimming Carnival, which was held on the 11th March 2019. This is the first time Bianca has represented the school in this sport and her efforts did not go unrewarded. Bianca received:

- 1st in Backstroke
- 2nd in Freestyle
- 2nd in Breaststroke



*Well done Bianca!*

**Ms Kerry Bayliss**  
**Inclusive Education Centre Sports Co-ordinator**

## International students coming to Hervey Bay State High School

**Hervey Bay State High School is excited to be opening our school to International Students and overseas study tours in 2019.**

Homestays offer international students a life-changing opportunity to experience our culture and improve their English within an Australian family home. For host families it offers the chance to make new friends from different countries and learn more about other cultures.

We are creating a database of families interested in hosting students, from one to three week study tours, to year-long International students. With a group of Japanese students confirmed for a week-long stay mid-August, we are seeking interested families who could accommodate two students in their home. Whilst homestay families are financially remunerated for housing the students, the international students gain an advantage as they experience another culture throughout the duration of the stay, right here in Hervey Bay.

To register your interest in becoming part of our International Homestay Program or to get further information please email Al Denham - [ajden1@eq.edu.au](mailto:ajden1@eq.edu.au) or call our school office on 4194 3777.



**Mr Al Denham**  
**Head of Department – International Studies**

## Canteen News

With the cooler weather coming on it's time to break out the winter style meals. Mondays see meat & gravy rolls return (fortnightly) and rice dishes return Thursdays (fortnightly). Butter Chicken & Rice remains a crowd favourite and it debuts the second week into term (of course we miss the first Thursday due to ANZAC Day). We will also be bringing back our (surprisingly) popular veggie bake and risotto dishes. We are finding the kids are getting more and more adventurous in their tastes each year which is wonderful to see.

If you are thinking of joining our amazing canteen team, we have two spots available – every Wednesday and every 2nd Friday – first in gets the prize (the prize is working with an awesome bunch of ladies).

## ORDERING

If you would like to order any items, please do so before 9.00am. Pre-ordering, particularly our daily specials, avoids disappointment of missing out. Every day we have a selection of fresh sandwiches, rolls, wraps and salad's which can be tailored to your tastes (but order before 9am).

Monday	Tuesday	Wednesday	Thursday	Friday
22/4/19	23/04/19	24/04/19	25/04/19	26/04/19
T. Smith	N. Parry Kirsty	S. McLure	K. Nixon S. Geddes	K. Clews
**Weekly Salad Chicken Caesar	Hamburger	Sweet Chilli Chicken Burger	Southern Chicken Wrap	Homestyle Pizzas
29/04/19	30/04/19	1/05/19	2/05/19	3/04/19
T. Smith	N. Parry Kirsty	S. McLure	S. Petersen S. Geddes	K. Clews J. Cooke
Chicken & Gravy Rolls	*	Deville Chicken Burger	Butter Chicken & Rice	Homestyle Pizzas

Monday	Tuesday	Wednesday	Thursday	Friday
**Weekly Salad Crunchy Asian Noodle	Bacon Double Cheese Burger			

**Please remember that all students need their manners and full school uniform to be served.**

EFTPOS is **only** available for senior students (Yrs. 10-12), however all EFTPOS transactions incur a \$0.20 surcharge.

Our menu can be found on the school website:

<https://herveybayshs.eq.edu.au/Facilities/Tuckshop/Pages/Tuckshop.aspx>

## Parents & Citizens Association News

### School Dental Van

The Pialba State School Dental Clinic is now pleased to offer Hervey Bay SHS students of year 7-10 a free Dental check-up and any treatment that is required. Expression of interest Dental Forms are currently being issued to students through class and are also available from Student Services. If you would like to accept this offer please complete this form and return it to the school office ASAP, or register your Child via phone on (07) 4122 8861.

Please note a parent or legal guardian will need to attend each initial appointment for their child. For any enquiries, please contact the School Dental Administration on (07) 4122 8861, thank you.

#### **School Dental Van**